

## **Relational Skills for Success in Life – It involves the whole self!**

Pastor David Holt

1. **Feet:** Take the initiative to get to know people.  
Matthew 28:18-20; Acts 1:8
2. **Mouth:** The power of a well-asked question.  
“Jesus asked ....”
3. **Ears:** Practice the skill of active listening.  
James 1:19  
“So, I hear you saying ...”
4. **Eyes:** Look people in the eyes when you speak to them.  
Mark 10:21; “Jesus looked at him and ....”
5. **Mouth:** Use good “I Messages” to speak the truth in love.  
“I feel \_\_\_\_\_ when you \_\_\_\_\_ because \_\_\_\_\_.”  
Ephesians 4:15, 29
6. **Head:** Develop a loving attitude toward all people.  
Mark 12:28-32; 1 Samuel 16:7; Romans 15:5-7
7. **Heart:** Continually grow closer to the Lord.  
Mark 12:28-32; Philippians 3:10; Jerermiah 29:11-13; Psalms 1